



# FOOD AS MEDICINE

*Discover how simple foods can prevent or reverse many of today's chronic diseases.*

**Wednesday,  
August 14  
6-7:00 p.m.**

Bandon Public Library  
1204 11th St SW, Bandon, OR  
541-347-3221

*Presented by*

**Stephanie Polizzi, MPH, RDN**  
Associate Professor of Practice  
Family and Community Health  
OSU Extension Services and  
OSU College of Health

[Stephanie.Polizzi@oregonstate.edu](mailto:Stephanie.Polizzi@oregonstate.edu)  
541-572-5263 ext 25291

Free! Registration not required.