

# The Fire Within

*Fight chronic inflammation and disease with simple food choices.*

**Wednesday,  
May 15**

**12:30-1:30 p.m.**

Chetco Activity Center  
550 Chetco Lane, Brookings



*Presented by*

**Stephanie Polizzi, MPH, RDN**

Associate Professor of Practice  
Family and Community Health  
OSU Extension Services and  
OSU College of Health

[Stephanie.Polizzi@oregonstate.edu](mailto:Stephanie.Polizzi@oregonstate.edu)

541-572-5263 ext 25291

**Free! Registration not required.**

OSU Extension service prohibits discrimination in all its programs, services, activities and materials. This publication will be made available in all accessible alternative format upon request. Please contact [Stephanie.Polizzi@oregonstate.edu](mailto:Stephanie.Polizzi@oregonstate.edu). Event accommodations for disabilities may be made by contacting 541-572-5263 or [Stephanie.Polizzi@oregonstate.edu](mailto:Stephanie.Polizzi@oregonstate.edu).