

# Rough & Ready

Open to all 4-H members

Name \_\_\_\_\_ Age \_\_\_\_\_ Year in 4-H \_\_\_\_\_

Town \_\_\_\_\_ Grade in School (Sept.) \_\_\_\_\_

Sport/Activity for outfit \_\_\_\_\_

How did you get started in this sport/activity? \_\_\_\_\_

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How often do you participate in this sport/activity? \_\_\_\_\_

Attach a copy of your narration to this form. If possible, email the narration to:  
[jessica.barnett@oregonstate.edu](mailto:jessica.barnett@oregonstate.edu) Narration should be typed, double spaced, using 14 pt. font.  
Put your name in the top left corner and "Rough & Ready" in the top right corner. Your full name should be included in the first sentence of your narration.

See sample narrations on the back.

## SAMPLE NARRATIONS

Sam Doe

Rough & Ready

Sam Doe loves to go hunting with his Grandpa Bob. Comfortable hiking boots are a must. Sam wears two pairs of socks to prevent friction on long hikes. To stay warm, Sam selected flannel lined cargo pants and a long sleeved sweatshirt in a typical camouflage print. Sam completes his outfit with a bright orange vest and cap for safety. No one will mistake him for a deer in this outfit.

Sam and his grandpa enjoy camping in the Ochoco Mountains during the hunting season. Good food and good stories make the trip fun even if they don't see any elk. Happy hunting Sam!

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Sarah Doe

Rough & Ready

Sarah Doe is ready for the tennis season in her white cotton skort and t-shirt. Sarah wears a hot pink head band, wrist bands, and socks to coordinate with the trim on the skort. She practices 10 hours a week and has a wicked serve. Sarah is in the 10<sup>th</sup> grade and will compete for Condon High School next spring. Match point to you Sarah!